

Race Date
August 09, 2014

2014 Sourwood 5K and Cheshire Pump & Run
2014 Cheshire Pump & Run Results

5K

Females

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Bench Presses</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Lynn Patters	50	124	27:50.9	30	10:00.0	17:50.9
2	Regina Monroe	38	116	24:33.9	9	3:00.0	21:33.9
3	Debi Treleaven	63	158	31:53.3	30	10:00.0	21:53.3
4	Megan Metz	22	111	26:34.5	10	3:20.0	23:14.5
5	Debbie Powell	53	188	30:24.0	12	4:00.0	26:24.0
6	Angelina Khaiy	25	189	27:02.4	1	0:20.0	26:42.4
7	Gina StClair	39	151	35:19.6	25	8:20.0	26:59.6
8	Michelle Robinson	43	135	34:29.2	3	1:00.0	33:29.2
9	Virginia Lockett	46	98	37:47.7	0	0:00.0	37:47.7
10	Lynn Rapp	48	130	48:28.2	0	0:00.0	48:28.2

Race Date
August 09, 2014

2014 Sourwood 5K and Cheshire Pump & Run
2014 Cheshire Pump & Run Results

5K

Males

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Actual Time</u>	<u>Bench Presses</u>	<u>Time Adjustment</u>	<u>Adjusted Time</u>
1	Rick Kattouf	43	89	19:45.7	26	8:40.0	11:05.7
2	Bruce Monroe	47	115	21:08.7	30	10:00.0	11:08.7
3	Aaron Davis	32	43	20:28.7	25	8:20.0	12:08.7
4	Michael Simolke	20	144	22:21.8	30	10:00.0	12:21.8
5	Wes Palmer	29	121	20:46.0	25	8:20.0	12:26.0
6	Aaron Ledford	32	97	21:55.4	18	6:00.0	15:55.4
7	Scott Girard	38	64	22:00.7	17	5:40.0	16:20.7
8	Brian Carlinnia	44	190	19:45.8	8	2:40.0	17:05.8
9	Dario Donatelli	54	44	20:49.7	11	3:40.0	17:09.7
10	Bradley Puffer	44	129	24:51.3	22	7:20.0	17:31.3
11	Shawn Maple	35	102	26:54.8	27	9:00.0	17:54.8
12	Greg Hendrix	50	73	25:25.5	20	6:40.0	18:45.5
13	Brian Allen	35	4	25:20.0	18	6:00.0	19:20.0
14	Joe Hutt	29	85	25:05.2	15	5:00.0	20:05.2
15	Dan Chase	35	33	24:08.4	12	4:00.0	20:08.4
16	Michael Anderson	55	10	22:49.3	8	2:40.0	20:09.3
17	Paul Hitchcock	38	78	27:45.6	20	6:40.0	21:05.6
18	Greg Stiles	48	152	26:08.7	10	3:20.0	22:48.7
19	Timothy Head	48	72	26:44.8	6	2:00.0	24:44.8
20	Kris Anderson	34	9	29:29.1	6	2:00.0	27:29.1
21	Ricky Alkurd	25	3	33:15.5	3	1:00.0	32:15.5
22	Ben Watts	26	164	38:31.5	10	3:20.0	35:11.5